

February 2019 SEL Calendar #w68challenge

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Today is World Read Aloud Day. Read aloud your favorite book with your students.
4 It is National Thank a Mail Carrier Day. Write a letter or make cards for your mail carrier thanking them for all they do.	5 Have students write out a goal for themselves for the month of February and the steps they will take to accomplish it	6 Play Two Truths and a Lie as a class	7 Read and discuss <u>Henry's Freedom Box</u> by Ellen Levine	8 Have students complete the Snow Day Challenge
11 Have each student write a thank you letter to a staff member in the building	12 Leave a sticky note on each student's desk with something positive about him or her written on it	13 Read <u>Stand Tall, Molly Lou Melon</u> by Patty Lovell. Your instructional coach will have a copy.	14 Give students back the goals they set for themselves and have them reflect on their progress so far	15 Have a dance party brain break!
18 As a class, brainstorm, decide, and implement a random act of kindness	19 Read and discuss <u>Be a King: Dr. Martin Luther King Jr.'s Dream and You</u> by Carole Boston Weatherford. Your instructional coach will have a copy.	20 Have students write about and share at least one way they can "Be a King." This activity is paired with yesterday's read aloud.	21 Complete the mindfulness exercise, Finger Tracing (via Vimeo)	22 Make at least one positive phone call home
25 Have students bring in and share a Me Bag	26 Read and discuss <u>Mae Among the Stars</u> by Roda Ahmed. Your instructional coach will have a copy.	27 Give students back the goals they set and have them reflect on if they met their goal and what their next steps should be	28 Have students create Identity Selfies	

SEL Chapter Book of the Month: *Harbor Me* by Jacqueline Woodson

Name_____ BUILDING_____

ACTIVITIES IN **BOLD** HAVE A DESCRIPTION ON PAGE 2

Descriptions of Activities

- February 6th: **Two Truths and a Lie**: Each student comes up with two truths and one lie about herself or himself. You may choose to have each student read aloud their statements to the entire class and then have students guess which one the lie is. You may also choose to have students partner up several times and take turns reading and guessing.
- February 8th: **Snow Day Challenge**: Put students in pairs or groups. Challenge them to come up with an invention that would help schools stay open either when there is significant snowfall or extremely cold temperatures.
- February 21st: **Finger Tracing Mindfulness Exercise**: <https://vimeo.com/227543542>
- February 25th: **Me Bag**: Each student is given a paper bag. The students take it home and place three objects in it that are special to them. Students could also place pictures (drawn or real) of the objects in the bag instead of bringing them in.